



KEY VOCABULARY

wheat

a **type of grain** which is farmed and used to make **flour** – most bread is made from flour made from wheat

grain

the **seed of a cereal crop**, like wheat

flour

a **powder made by grinding grain**, usually wheat

wholemeal flour

flour which is made from **whole grains of wheat**, including the outer layer

yeast

an ingredient which is often **used in making bread** to make it **rise**, so it becomes springy with air bubbles in it.

dough

a **thick mixture of flour** and other ingredients; bread dough needs to be baked

knead

to **squeeze / press dough repeatedly** until it is **smooth and stretchy**

bake

to **cook** something in an **oven** – bread is baked

dairy

food **made from milk** like cream, butter, cheese and yoghurt

churn

a **machine for making butter** by shaking milk or cream



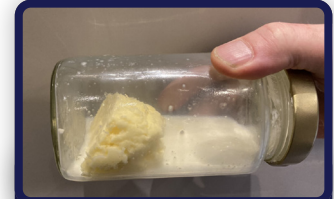
wheat growing in a field



grains of wheat



dried yeast



butter and buttermilk which has just separated in a jar



kneading dough



dough in a tin, before it has risen



dough which has risen - just before baking



bread which has just been baked in a tin