

# PSHE Curriculum Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Separate from main carer and learn to adapt to the Nursery environment. Select and use activities and resources, with some support if needed. Wash hands after using the toilet.	Settle into some activities for a while. Begin to follow daily routines. Select and use activities and resources, with some support if needed. Learn how to share resources and play in a group.	Begin to share resources and play in a small group. Look after resources within the class. Begin to listen to, and follow rules set. Take turns whilst playing and wait patiently to have a go.	Show independence in accessing and exploring the environment. Independently put on coats and use the toilet. Listen to, and follow rules set. Learn to look after resources within the class.	Initiate play with peers and keep play going by giving ideas. Engage with less familiar people where necessary or in new social situations. Show an awareness of how others may be feeling e.g. happy, sad.	Show increasing confidence when talking to familiar adults and peers. Begin to be assertive towards others where necessary e.g. "Stop it... I don't like it..."
Reception	Talk about people who are important to them. Name own feelings e.g. happy, sad, angry, scared, excited. Know and demonstrate friendly behaviour. Choose an activity independently. Join in with whole-group activities.	Talk about healthy food choices. Name feelings of others / characters in stories. Talk about the effect of own behaviour on others (consequences) e.g. not stopping quickly on a scooter.	Take care of own needs without prompting e.g. getting a drink. Give some examples of right and wrong. Talk about how others could make better choices e.g. characters in stories.	Talk about how different people celebrate. Persist with trickier challenges. Begin to find solutions to conflicts. Know the importance of oral health and explain oral hygiene routines.	Work cooperatively with others to complete an activity. Give examples of things they are proud of. Know that screen time should be limited sensibly. Know that carers / trusted adults can keep you safe online.	Explain the reasons for rules. Follow instructions when several ideas or actions are given. Know how to travel safely e.g. holding an adult's hand and staying on the pavement.
Year 1	<b>Health and Wellbeing</b> Aiming High	<b>Relationships</b> Be Yourself	<b>Living in the Wider World</b> Britain	<b>Health and Wellbeing</b> It's My Body	<b>Relationships</b> TEAM	<b>Living in the Wider World</b> Money Matters
Year 2	<b>Health and Wellbeing</b> Think Positive	<b>Relationships</b> VIPS	<b>Living in the Wider World</b> One World	<b>Health and Wellbeing</b> Safety First	<b>Living in the Wider World</b> Respecting Rights	<b>Health and Wellbeing</b> Growing Up
Year 3	<b>Health and Wellbeing</b> Aiming High	<b>Relationships</b> Be Yourself	<b>Living in the Wider World</b> Britain	<b>Health and Wellbeing</b> It's My Body	<b>Relationships</b> TEAM	<b>Living in the Wider World</b> Money Matters
Year 4	<b>Health and Wellbeing</b> Think Positive	<b>Relationships</b> VIPS	<b>Living in the Wider World</b> One World	<b>Health and Wellbeing</b> Safety First	<b>Health and Wellbeing</b> Growing Up	<b>Living in the Wider World</b> Respecting Rights
Year 5	<b>Health and Wellbeing</b> Aiming High	<b>Relationships</b> Be Yourself	<b>Living in the Wider World</b> Britain	<b>Health and Wellbeing</b> It's My Body	<b>Relationships</b> TEAM	<b>Living in the Wider World</b> Money Matters
Year 6	<b>Health and Wellbeing</b> Think Positive	<b>Relationships</b> VIPS	<b>Living in the Wider World</b> One World	<b>Relationships</b> Online Safety	<b>Health and Wellbeing</b> Safety First	<b>Relationships</b> Growing Up