

Respect

Empathy

Ambition

Cooperation

Health



Sandwell Metropolitan Borough Council

Park Hill Primary School
Head Teacher: Mrs. C. L. Logan

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Wednesday 25th October 2023

Dear Parent/Carer

We have the great pleasure of inviting Sonia a Mehndi artist into school on **Tuesday 7th November 2023** for our EYFS children.

If you would like your child to have a small Mehndi pattern on their hand or arm, please complete the attached consent form and return to school by **Monday 6th November**. A charge of £2 can be paid to ParentPay to cover the cost of Sonia's time.

Please note: Mehndi is made from dried henna leaves and will pigment the skin. It will stay on the skin for a week or maybe longer.

How is Mehndi applied?

Mehndi paste is usually applied to the skin using a plastic cone, a paintbrush or a stick. After about 15–20 minutes, the mud will dry and begin to crack, and during this time, a mixture of lemon juice and white sugar can be applied over the henna design to remoisten the henna mud so that the henna will stain darker. The painted area is then wrapped with tissue, plastic, or medical tape to lock in body heat, creating a more intense colour on the skin. The wrap (not a traditional method), is worn for two to six hours, or sometimes overnight, and then removed. When first removed, the henna design is pale to dark orange in colour and gradually darkens through oxidation, over the course of 24 to 72 hours. The final colour is reddish brown and can last anywhere from one to three weeks depending on the quality and type of henna paste applied, as well as where it was applied on the body (thicker skin stains darker and longer than thin skin). Moisturizing with natural oils, such as olive, sesame seed, or coconut, will also help extend the lifetime of the stain. Skin exfoliation, salt water and chlorine in swimming pools can cause the henna tattoo to fade. The Mehndi being used is called '**Kaveri Mehndi**' and is 100% natural product.



Yours sincerely

Mrs Logan
Head Teacher

EYFS - Mehndi Artist Reply Slip

I would like my child _____ Class _____ to have Mehndi applied on **Tuesday 7th November 2023**

I confirm that I have read the information about the product being used.

I have paid a charge of £2.00 via ParentPay.

Signed _____ (Parent/carer) Date _____