

Respect

Empathy

Ambition

Cooperation

Health



Sandwell Metropolitan Borough Council

Park Hill Primary School
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Wednesday 20th March 2024

Dear Parents/Carers

Year 5 children will be having a visit from the Sandwell School Nursing Service on **Thursday 11th April 2024** who will be talking to them about puberty.

The puberty session being delivered to your child will cover the changes boys and girls go through both physically and emotionally during this time. The session is delivered to both genders together, with the children receiving factual information, using correct terminology, around the changes their bodies go through.

If you have any concerns over the content of the Puberty talk, the School Health Nurse Team are delivering a session to parents on **Thursday 11th April 2024 at 09:00 am**. The talk will take place in the meeting room, prior to your child's talk.

Please advise school if you do not wish your child to participate in the session.

Thank you

Mrs C Logan
Head Teacher