Park Hill Primary School

Early Years Intimate Care Policy

Approval Level	Governing Board / Head Teacher
Date Reviewed	19.01.26
Approved On	19.01.26
Category	Non-statutory
Next Review Date	Advised annually – January 2027
Policy Availability	On request or direction
Written By	Miss J. Neale
Related Document(s)	Glossary of Acronyms on school website

Policy Version Control

Date of Change	Details of Change
Sept 2022	Change of Chair of Governors
Feb 2023	Change of SENCO
March 2024	1. Legal Framework (KCSIE)
March 2025	Change to Key Personnel (Vacancy)
January 2026	Change to EYFS Lead Addition of record keeping sheet – Intimate Care Log pg. 12

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Statement of intent

Park Hill Primary School understands the importance of its responsibility to safeguard and promote the welfare of children.

Pupils may require assistance with intimate care as a result of their age or due to having SEND. In all instances, effective safeguarding procedures are of paramount importance.

This policy has been developed to ensure that all staff responsible for providing intimate care undertake their duties in a professional manner at all times and treat children with sensitivity and respect.

The school is committed to providing intimate care for children in ways that:

- Maintain their dignity.
- Are sensitive to their needs and preferences.
- Maximise their safety and comfort.
- Protect them against intrusion and abuse.
- Respect the child's right to give or withdraw their consent.
- Encourage the child to care for themselves as much as they can.
- Protect the rights of all others involved.

1. Legal framework

This policy has due regard to all relevant legislation and statutory guidance including, but not limited to, the following:

- Equality Act 2010
- Safeguarding Vulnerable Groups Act 2006
- Childcare Act 2006
- Education Act 2002
- Education Act 2011
- The Control of Substances Hazardous to Health Regulations 2002 (as amended in 2004)
- DfE (2025) 'Keeping children safe in education'

This policy operates in conjunction with the following school policies:

- Administering Medication Policy
- Complaints Procedures Policy
- Child Protection and Safeguarding Policy
- Whistleblowing Policy
- Allegations of Abuse Against Staff Policy

Key Personnel in Relation to this Policy

Name	Role(s)
Mrs C. Logan	Head Teacher Designated Safeguarding Lead
Mrs A. Boardman	Deputy Head Teacher Deputy Designated Safeguarding Lead
Miss J. Neale	Early Years Lead
Mrs N. Glover	Deputy Designated Safeguarding Lead
Mrs C Watson	SENCO

1. What is Intimate Care?

1.1. For the purpose of this policy, **"intimate care"** is the hands-on, physical care in personal hygiene, as well as physical presence or observation during such activities.

1.2. Intimate care includes the following:

- Helping a child with eating and drinking for reasons of illness or disability
- Body bathing other than to the arms and face, and to the legs below the knee
- Application of medical treatment other than to the arms and face, and to the legs below the knee
- Toileting, wiping and care in the genital and anal areas
- Dressing and undressing

2. Roles and Responsibilities

2.1. The Head Teacher is responsible for:

- Ensuring that intimate care is conducted professionally and sensitively.
- Ensuring that the intimate care of all children is carefully planned, including the creation of individual plans following discussions with the parent and the child, with input from the SENCO.
- Communicating with parents in order to establish effective partnerships when providing intimate care to children.
- Handling any complaints about the provision of intimate care in line with the school's Complaints Policy.
- Organising annual training for the provision of intimate care.

2.2. All members of staff who provide intimate care are responsible for:

- Undergoing annual training for the provision of intimate care.
- Undertaking intimate care practice respectfully, sensitively and in line with the guidelines outlined in this policy.

2.3. Parents are responsible for:

- Liaising with the school to communicate their wishes in regard to their child's intimate care.
- Providing their consent to the school's provision of their child's intimate care.

- Adhering to their duties and contributions to their child's intimate care plan, as outlined in this policy.

3. Procedures for Intimate Care

3.1. Staff who provide intimate care will have a list of personalised changing times for the children in their care, which will be adhered to at all times and will be shared with parents daily.

3.2. Staff who provide intimate care will conduct intimate care procedures in addition to the designated changing times if it is necessary; no child will be left in wet/soiled clothing or nappies.

3.3. If the designated member of staff for a child's intimate care is absent, a secondary designated member of staff will change the child, adhering to the arranged times.

3.4. Each child using nappies will have a clearly labelled box allocated to them in which there will be clean nappies, wipes and any other individual changing equipment necessary.

3.5. Before changing a child's nappy, members of staff will put on disposable gloves and aprons, and the changing area will be cleaned appropriately using disposable blue roll paper and soap and hot water.

3.6. The changing areas are warm and comfortable for the children and are private from others.

3.7. Hot water and liquid soap are available for staff to wash their hands before and after changing a nappy; the changing area will also be cleaned appropriately after use using disposable blue roll paper and soap and hot water.

3.8. The changing area has paper towels available for members of staff to dry their hands.

3.9. Any soiled clothing will be placed in a tied plastic bag in the child's personal box and will be returned to parents at the end of the school day.

3.10. Any used nappies will be placed in a tied plastic bag and disposed of in Nappy Disposal Waste Bin, located at the front of the school.

3.11. Any bodily fluids that transfer onto the changing area will be cleaned appropriately in accordance with the 'Dealing with Bodily Fluid procedures', within the Health & Safety Policy.

3.12. If a pupil requires cream or other medicine, such as for a nappy rash, this will be provided in accordance with the Administering Medication Policy, and full parental consent will be gained prior to this.

3.13. Older children, and those who are more able, will be encouraged to use the toilet facilities and will be reminded at regular intervals to go to the toilet.

3.14. Members of staff will use the school's introduction to toilet procedures, as outlined in the appendices of this policy, to get children used to using the toilet and encourage them to be as independent as possible.

3.15. Children will be reminded and encouraged to wash their hands after using the toilet, following the correct procedures for using soap and drying their hands.

4. Parental engagement

4.1. The school will liaise closely with parents to establish individual intimate care programmes for each child which will set out the following:

- What care is required
- Number of staff needed to carry out the care
- Any additional equipment needed
- The child's preferred means of communication, e.g. visual/verbal, and the terminology to be used for parts of the body and bodily functions
- The child's level of ability, i.e. what procedures of intimate care the child can do themselves
- Any adjustments necessary in respect to cultural or religious views
- The procedure for monitoring and reviewing the intimate care plan

4.2. The information concerning the child's intimate care plan will be stored confidentially in EYFS and only the parents and the designated member of staff responsible for carrying out the child's intimate care will have access to the information.

4.3. The parents of the child are required to sign the Intimate Care Parental Form to provide their agreement to the plan; no intimate care will be carried out without prior parental consent.

4.4. In respect of the above, if no parental consent has been given and the child does not have an intimate care plan, but the child requires intimate care, parents will be contacted by phone in order to gain consent.

4.5. Any changes that may need to be made to a child's intimate care plan will be discussed with the parents to gain consent and will then be recorded in the written intimate care plan.

4.6. Parents will be asked to supply the following items for their child's individual storage box:

- Spare nappies
- Wipes, creams, nappy sacks, etc.

- Spare clothing
- Spare underwear

5. Safeguarding Procedures

5.1. The school adopts rigorous safeguarding procedures in accordance with the Child Protection and Safeguarding Policy and will apply these requirements to the intimate care procedures.

5.2. Intimate care is classified as regulated activity; therefore, the school will ensure that all adults providing intimate care have undergone an enhanced DBS check (which includes barred list information) enabling them to work with children.

5.3. All members of staff will receive safeguarding training on an annual basis, and receive child protection and safeguarding updates as required, but at least annually.

5.4. All members of staff are instructed to report any concerns about the safety and welfare of children with regards to intimate care, including any unusual marks, bruises or injuries, to the DSL in accordance with the school's Whistleblowing procedures, within the Child Protection & Safeguarding Policy.

5.5. Any concerns about the correct safeguarding of children will be dealt with in accordance with the Child Protection and Safeguarding Policy and the Allegations of Abuse against Staff Policy.

6. Monitoring and review

6.1. This policy will be reviewed annually by the Head Teacher and DSL, who will make any changes necessary and communicate these to all members of staff.

6.2. All members of staff are required to familiarise themselves with this policy as part of their induction programme.

Park Hill Primary School - Intimate Care Parental Consent Form

This form is to be completed by the EYFS lead and signed by parents.

Name of child:		**Date of birth:**	
Name of class teacher:		**Class:**	

Care requirements, including frequency:

The table below outlines the member of staff responsible for carrying out your child's intimate care programme, as well as the member of staff responsible in their absence:

Name of staff member:	
Name of staff member (in the above staff member's absence):	

Where will the intimate care be carried out?

What equipment/resources will be required?

6971

What do parents need to provide?

I have read the Early Years Intimate Care Policy provided by Park Hill Primary School and I agree to the intimate care plan outlined above:

Signature of parent:		**Date:**	
Signature of EYFS lead:		**Date:**	

The information contained within this form will be retained in line with the school's Retention Schedule.

GDPR 2018 – Information provided on this sheet will be processed in accordance with the requirements of the General Data Protection Regulations 2018. For more information on how we use your data, please see our Privacy Notice – this can be found on our website www.parkhillprimary.co.uk

Toilet Introduction Procedures

As children develop bladder control, they will pass through the following three stages:

1. The child becomes aware of having wet and/or soiled pants
2. The child knows that urination/defecation is taking place and can alert a member of staff
3. The child realises that they need to urinate/defecate and alerts a member of staff in advance

During these stages, members of staff will assess the child over a period of **two weeks** to determine:

- If there is a pattern to when the child is soiled/wet.
- The indicators that the child displays when they need the toilet, e.g. facial expressions.

Staff will implement the following strategies to get children used to using the toilet and being independent:

- Familiarise the child with the toilet, washing their hands, flushing the toilet and referencing other children as good role-models for this practice
- Encourage the child to use the toilet when they are using their personal indicators to show that they may need the toilet
- Take the child to the toilet at a time when monitoring has indicated that this is when they would usually need the toilet
- Ensure that the child can reach the toilet and is comfortable doing so
- Stay with the child and talk to them to make them more relaxed about using the toilet
- Don't force the child to use the toilet if they don't want to, but still encourage them to do so using positive language and praise
- Deal with any accidents discreetly, sensitively and without any unnecessary attention
- Be patient with children when they are using the toilet, and use positive language and praise to encourage them
- Parents will be allowed to provide a potty as a bridging measure if this is what is being used at home to ensure continuity of care between home and school.

Intimate Care Log

Child's Name	Date	Time	Wet/Soiled (W/S)	Staff Member Signature	Witness Signature